

Karrinyup Men's Shed Bulletin 30 June 2019

From: Karrinyup Men's Shed <kcmensshed@iinet.net.au>

To: Karrinyup Community Men's Shed members

Report from Vice President Jeff Crookes

Dear fellow shedders,

We have just celebrated our first year at KCMS and what a positive and fulfilling year it has been.

As a result of initial funding support from Karrinyup Rotary and a number of monetary grants from a variety of sources, we have been able to establish our shed and acquire new machines and equipment to support the needs of our members to a high standard.

Lease. The recent approval from the City of Stirling to approve our application for a further five-year lease is a defining moment and will serve to consolidate our future as a viable Men's Shed operation with a bright future.

Funding. One of our newer initiatives is to secure funding for a Digital Divide program to offer members access to skills training in the use of online technologies.

Also, our application for funding to build an extension to accommodate a new morning tea/discussion area to free up workshop space is on the City of Stirling's budget bid program.

Also, in the next few weeks we will finalise plans for the long-awaited dust-extraction system and electrical upgrade.

Open Day. Our open day on Friday 21st June was aimed at show-casing our shed to the community and growing our membership. The morning was hugely successful in lifting our profile within the community and we now have some twelve or more new members. I would like to extend a welcome to all those new "shedders" and express my sincere hope that you derive enjoyment and value from your membership.

If this growth trend continues it is likely that we will achieve our optimum membership level in the next few months. To accommodate this we will shortly decide on opening on Monday and/or Saturday mornings.

Shed supervisors. With the above in mind, I thought it useful to restate the principle that the ownership and future direction of our shed rests with you all, our members. The role of the management committee is purely that of administration and stewardship; beyond that, the direction and scope of work projects undertaken is determined by our membership.

It may not be a surprise to most that our shed Manager Jim Barbas is a volunteer. Jim is at the shed most days and often puts in time beyond these hours. He is the stalwart behind the every-day running of our shed and gives his time and expertise without question.

Jim is supported by our team of supervisors who are rostered to unlock each morning and be available as the "go to" person when needed. In every other way these people are ordinary shed guys doing their thing.

We currently have only six supervisors to cover any 20 shed-day period, including absences for holidays and sickness. Our capacity is stretched and our ability to cover extended opening hours is therefore limited in the short term by the resources available.

Being a shed supervisor requires no special skills and is not an onerous task. Even by contributing one half-day per fortnight you can help lighten the load. If you think you have what it takes to help out, please don't hesitate to get in touch. Training will be provided.

Also, it is timely to mention that our Annual General Meeting, including election of committee will be held during the next 2 - 3 months, so if you would like try your hand at a committee position, please consider nominating.

Kind regards

Jeff Crookes Vice President June 2019

Be Connected funding and programs

Be Connected is an initiative of the Federal Government, administered by Good Things Foundation. Its objectives are to introduce technology to over-50s, to counteract the Digital Divide that isolates older people from technology.

KCMS has received approval for a \$2000 grant to meet the start-up costs of delivering the Be Connected programs.

We now need people to deliver the programs. Members who would like to do some of this will need a police clearance, which you can apply for online. The grant includes the cost of this (\$55 each).

Please contact Secretary Tony Strickland and he will guide you on the next steps, to prepare session plans with Be Connected resources, take part in training seminar(s) for facilitators, to learn the online enrolment system, participate in a familiarisation seminar, and "test drive" the session plans and content.

These are the program topics:

Be Connected has prepared session plans and notes for students for all the topics listed below. A delivery plan should be in segments of 30 mins to 2 hours.

These include:

The absolute basics: What is a Computer, laptop, tablet, smart phone, internet.

Staying safe online: Safe passwords, playing safely online, downloading and saving documents, help and support

Getting to know your Device: Using a Keyboard, mouse, touchscreen, pc.

Getting started online: Using Internet, online forms, email, search engines, internet safety, government sites such as Mygov and Centrelink, Medicare.

More online skills: online shopping, socialising online, Facebook, digital camera, watching and listening online.

Connecting to others: video calling, Skype, WhatsApp, FaceTime

Data: What is data? Choosing a data plan, managing your data, going overseas, home vs mobile data.

Wi-Fi and Mobile networks: wi-fi, networks, wi-fi on the go, mobile networks.

Online hobbies: researching family history, exploring Google Earth - more than just a map, blogs, online journals

All about Apps: What they are, getting them, managing and deleting apps, tips and tricks.

Smart phones and tablets: Apple and Android devices.

Guest speaker and BBQ

We have a guest speaker at the Men's Shed on Thursday 4 July at 12 noon, followed by a sausage BBQ.

I am delighted to advise that Samantha Spiro of Mercy Care will bring us up-to-date with changes in aged care programs. Here is her bio:

My name is Samantha Spiro and I work as the Business Development Manager for Aged Care Services at MercyCare. MercyCare is a not-for-profit provider of aged care services in WA.

My role is to increase the awareness of government-funded services that are available to individuals over the age of 65yrs in the community. These services aim to keep people living at home for longer (rather than feeling the need to be moved into other care environments).

The recent changes in aged care means that consumers have total choice in navigating the system and choosing the support that suits them best. I have been providing talks to many community groups to explain what is available and how to best access the information to suit their needs.

Please make every effort to attend that day, and give her the big KCMS welcome. Her info will be invaluable to us all.

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This email from



Karrinyup Community Men's Shed
6 Jedda Rd, Balcatta
Email kcmensshed@iinet.net.au
Website <http://karrinyup.mensshedswa.org.au/>
PO Box 281, North Beach, WA 6920
Facebook <https://www.facebook.com/karrinyupmensshed/>
ABN: 88 397 817 632

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