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Karrinyup Men's Shed Bulletin 4 September 2019

From: Karrinyup Men's Shed <kcmensshed@iinet.net.au>

To: **Karrinyup Community Men's Shed members**

Be Connected: Computers and Technology for the over-50s

Free computer training program for members of Karrinyup Community Men's Shed

Following the set up of the computers and computer room, the first 3 units are now ready to present to our members.

Using a Computer. Presenter Terry Lark

This module is aimed at those who have some experience of using a computer.

In completing this module you will have competency in using a keyboard and mouse as well as a basic knowledge of using a computer (its components, turning it on and off, changing its settings, programs and files, and using a computer safely.

There is another module (What is a Computer?) for those who have not experienced using a computer and who would like to do the Using a Computer module.

Getting started online. Presenter Terry Fuller

Using the Internet

Using online forms

Using email

Using search engines

Introduction to internet safety

Creating Documents. Presenter Tony Strickland

Typing text

Alignment of text

Changing font (type) style

Use of formatting such as underline, bold, italics, font size, changing text colour, bullet point lists, paragraph formatting.

Each unit is one session of 2 hours. The group size for each session is 3 or 4 members. The sessions will all be afternoons, to avoid the noise of the workshop activity.

Please indicate which of the units you would like to do, and the afternoons on which you can be available, and return to the Shed.

Interest and preferences

Your name: _____

Unit	Afternoons you are available					Presenter
	Mon	Tue	Wed	Thu	Fri	
Using a Computer						Terry Lark
Using the Internet						Terry Fuller
Creating Documents						Tony Strickland

More volunteer presenters will be welcome! Please contact Tony Strickland.

Future units will include other topics, and more details on:

Online search skills

Internet safety

Avoiding scams and tricks

Managing money, paying safely online

Using email

Keeping in touch

Using Government websites

Managing picture galleries

Using touch screens, such as smart phones and tablets (bring your own!)

Other topics that you may suggest to us.

Please respond to Tony Strickland patton@inet.net.au 0400 504 144 or put your name on the form on the Shed's notice board.

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Alzheimer's disease research and strategies

If anyone from KCMS would like to join Tony Strickland at the Wednesday morning session, they will be most welcome.

You are warmly invited to join the Australian Alzheimer's Research Foundation and researchers from Edith Cowan University, Murdoch University and Curtin University to hear the latest on Alzheimer's disease research and strategies you can implement to potentially reduce your risk of developing the disease.

Wednesday 18 September 2019. Two lectures are available, a morning session and an evening session. Both lectures will have the same content.

State Library Theatre, 25 Francis Street, Perth Cultural Centre.

9:30am - 9:45am Arrival & registration

9:45am- 11:15am Public lecture and Q&A

11:15am - 11:45am Light refreshments

or

McCusker Auditorium, Harry Perkins Institute of Medical Research, 6 Verdun Street,
Nedlands

5:30pm - 6:00pm Arrival, registration and light refreshments

6:00pm - 7:30pm Public lecture and Q&A

There is no cost to attend, however registration is essential and can be done via
<https://alzheimers.com.au/public-lectures/> Registrations close 5pm Monday 16 September
2019.

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This email from



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